

Cardiff Quaker Meeting House

Information on additional requirements to be provided to groups

1. You should under no circumstances enter the Meeting House
 - if you have been asked to self-isolate by Track, Trace and Protect:
 - if you have, or have had in the last 10 days, COVID symptoms – a new continuous cough, a high temperature or a loss or change of taste and smell
 - if a member of your household has had these symptoms in the last 14 days
 - if you or a member of your household has, or has had in the last 14 days, coronavirus.
2. You should maintain 2m distance from others if queueing to enter the building, while moving through the building and in the meeting room [this does not apply to a member of your household or a carer who accompanies you]
3. Face masks should be worn while in the building unless you are exempted
4. Some windows will be open to maintain good ventilation so you should wear warm clothes that will keep you warm enough.
5. There is a hand sanitiser dispenser outside on the front door. Please use this before pressing the entry buttons and opening the door.
6. Use hand sanitiser again once in the lobby.
7. Avoid passing people in the hallway or on the stairs, waiting for your route to be free. Touch as little as possible.
8. No articles are to be left in any of the public spaces under any circumstances.
9. Toilets are available on the ground floor - one cubicle in the women's toilet and the accessible toilet. After using the toilet please spray the toilet seat and flushing handle with antibacterial cleaner and dry using cleaning paper provided. Dispose of the paper in the bin provided before washing your hands. Spray and wipe the taps in the same way after use.
10. The kitchen is not available for use. Please bring your own refreshments and take your rubbish away with you.
11. Please use the hand sanitiser before leaving the building.
12. All use of the building is at your own risk and it is every individual's responsibility to protect others as well as themselves by observing Welsh Government regulations and guidance.

For all current COVID-19 Welsh government guidelines, please visit their website at <https://gov.wales/coronavirus>